

Medical Reading

Event Category: Health Science.....

Eligible Divisions: Secondary & Postsecondary/ Collegiate	Round One: 50 Q test (60 minutes)	Digital Upload: NO
Solo Event: 1 competitor		



New for 2026-2027

Editorial changes have been made.

TEXAS HOSA

Make sure to read the *Texas General Rules and Regulations* for the updated “**Electronic Device Policy**”

Area Spring Leadership Conference This event only has one round. The online test for Area will be given in December. Make sure to read the “Texas HOSA Handbook- Section G” for online testing procedure. The top 3 individual scores from each Area will advance to the State Leadership Conference.

Texas State Leadership Conference

The State written exam will be given in person in Irving, Tx to those who advanced from each Area. No study materials permitted. The top 3 individual scores from State will advance to ILC.

Event Summary

Medical Reading allows Secondary and Postsecondary/Collegiate members to improve their reading comprehension and understanding of particular topics related to leadership development and the health community. This competitive event shall be a written test of information and knowledge gained from reading the selected books for the current year. Competitors will apply, analyze, synthesize, and/or evaluate the reading material in a multiple-choice test. This event aims to inspire members to be proactive future health professionals and apply the knowledge gained from reading medical and leadership books.

General Event Information

General Rules	Competitors must be familiar with and adhere to the General Rules and Regulations . <i>Books for this event are continually recommended by membership, vetted through the HOSA Medical Reading Committee over the previous school year, and selected each June by the HOSA Competitive Events Leadership. Books chosen for this event are believed to enhance HOSA members' journey in this division, but parents and advisors are encouraged to review this list to ensure this year's selections are the best fit for your student.</i>
Dress Code	Proper business attire or official HOSA uniform. Bonus points will be awarded for proper dress .
Competitors Must Provide	• Photo ID • Two #2 lead pencils (not mechanical) with an eraser • Neon colored foam earplugs, NOT earbuds, for noise control (optional) HOSA Conference Staff will provide equipment and supplies listed in Appendix I .
Official References	The references below are used in the development of the test questions: • Crisis Averted: The Hidden Science of Fighting Outbreaks by Caitlin Rivers

	• <i>Everything is Tuberculosis: The History and Persistence of Our Deadliest Infection</i> by John Green • <i>Fragmented: A Doctor's Quest to Piece Together American Healthcare</i> by Ilana Yurkiewicz MD • <i>The Next Patient: The Incredible World of Emergency Medicine</i> by Dr. J. Thomas Grant • <i>Grit: The Power of Passion and Perseverance</i> by Angela Duckworth
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ROUND ONE- Test

Test Instructions	All competitors will be given a test and test answer sheet. The written test consists of 50 multiple-choice questions (10 questions per book) in a maximum of 60-minutes. See test instructions here. An essay tiebreaker question will be administered with the original test. Essay tiebreakers will be completed on the back of the test answer sheet.
Time Remaining Announcements	There will be NO verbal announcements for time remaining during ILC testing. All ILC testing will be completed in the Testing Center, and competitors are responsible for monitoring their own time.
Sample Test Questions (Samples are from a previous year)	Radium Girls - The symptoms of radium poisoning are very similar to poisoning from which other chemical? (pp 21) - Bromine - Carbon - Lead D. Phosphorus - What was the nickname given to the girls who shined at night from the radium powder? (pp 44) A. Ghost girls - Shimmering girls - Radiant girls - Lustrous girls - How did Mollie Maggia die? (pp 39) - Increased blood volume due to increased number of red cells B. Hemorrhaging from the jugular vein - Bone necrosis and bone cancer - Breast cancer with metastasis to the brain

Final Scoring

In the event of a tie, the essay will be judged to break the tie.

Future Opportunities:

The HOSA Scholarship program has funding available for HOSA members who have an interest in various health careers! The application process begins January 1, 2027, and can be found here: <https://hosa.org/scholarships/>.

Graduating from high school or completing your postsecondary/collegiate program does not mean your HOSA journey has to end. As a HOSA member, you are eligible to become a HOSA Lifetime Alumni Member- a free and valuable opportunity to remain connected, give back, and help to shape the future of the organization. Learn more and sign up at hosa.org/alumni.