On October 15th and 22nd, 2022, the members of Area 4 gathered to engage in the first HOSA event of the year. Members were able to excel to new heights as they participated in many interactive sessions and gained teamwork skills. Their sessions ranged from learning about ASL in medicine to Stop the Bleed training.

During the conferences we were able to raise a combined total of $357 for Be the Match. The contributions of all our amazing area 4 members will go on to save lives and pave the way for crucial research and connect patients to lifesaving marrow transplants!
Members from the Lubbock and El Paso area experienced many educational and interactive breakout sessions! Be sure to check out your FLC lookback video on our Instagram @officaltxhosaarea4!
Hey, Area 4, ready for another amazing year?! Your officer team is excited to share all we have in store for Spring Conference! We know that you are all studying hard to prepare for your events! I hope to cheer you on at Spring Conference and see you all at State Conference which will be held in Round Rock, Texas! Together we can accomplish great things and this year will be our best yet. Always feel free to contact the officers on our Instagram @officialtxhosaarea4 if you have questions or would like to see something at our conference. I will be more than glad to work with all of you to make Area 4 the best. On that note, I want to thank all the amazing members that attended our FLCs, from those of you starting your HOSA journey to those ending theirs out, thank you for attending and Excelling to New Heights!

Sincerely,

Isabelle Cortez
The window for online testing will open on November 29th, 2022 and will stay open until December 1st. The officer exam will consist of HOSA related items (60%) as well as parliamentary procedures (40%). Here’s a few tips to help you prepare for the exam!

1. Know your information! Section E of the Texas HOSA handbook has everything that you need to prepare to run for office, including information that will be on the exam.

2. Don’t wait until the last minute to study! Getting a head start on studying will help increase your chances of doing well on the exam, so start early!

3. Find your study style! Everyone has a different study style, so find a style that will work best for you.

4. Be prepared! Eat well, sleep well, and ensure you know when and where you’ll be taking the exam.

After the exam, you’ll need to create a Tallo account and submit an application. This will include an About Me video, interview with the current area officers, a 1-2 minute speech during the business session explaining why you would be best fit to be an officer, followed by answering a fishbowl question in 30 seconds. We wish you the best of luck as you run for an officer position. If you have any more questions, please reach out to an officer or DM us @officialtxhosaarea4!
Silva Health Magnet HOSA is excited to welcome you to this year's Area 4 Spring Leadership Conference, February 24 and 25.

Don't forget to bring your school HOSA spirit with you and show off our Area 4 color. This year we are proud to show off our TEAL spirit! The school with the most spirit is bound to win the SLC spirit stick. Don't forget to join us for the social, where we will have fun games, activities, and dancing!

We can't wait for our Area 4 members to Surpass beyond belief!

Sincerely,

your Area 4 officer team