

# CPR/First Aid Competitor Orientation



**IT IS THE RESPONSIBILITY OF THE COMPETITOR TO KNOW AND FOLLOW THE EVENT GUIDELINES AND [TEXAS HOSA GENERAL RULES AND REGULATIONS.](#)**

**FOR COMPLETE GUIDELINES, REFER TO [WWW.HOSA.ORG](http://WWW.HOSA.ORG)**

## **COMPETITOR RESPONSIBILITIES**

- Competitors will report to the holding room at the time designated in the conference schedule.
- Competitors must provide any items listed in the “Competitors Must Provide” box found in the event guidelines.

**EVENT PROCESS – REFER TO THE CPR/FIRST AID ILC EVENT GUIDELINES AT [WWW.HOSA.ORG](http://WWW.HOSA.ORG)**  
**This event will be run using the ILC guidelines with the modifications stated below for use in Texas competitions only.**

- If competitors bring any materials to the holding room, they must take them out of the holding room and place them where they cannot be accessed while competing. **Once a student has competed, he/she will not be allowed back into the holding room for any reason.**
- **Extended Stay Preparation** - Due to the use of holding rooms in skill events, Texas HOSA competitors should be prepared for an extended stay. It is strongly suggested that competitors bring recreational materials. Food and/or snacks may be available for purchase at the sites if possible. Just in case, the competitor should be prepared and have his/her own snacks available.

## **TEXAS HOSA ELECTRONIC DEVICES POLICY**

- While competitors can have their cell phones, smart watches, etc. with them, they must be in the off position and stored with their personal items. The competitor may not touch the devices at any time during the event. There will be consequences for doing so. Be sure to turn off your devices and put them away before entering the room.