



**2023-2024**

## **Competitive Event Digital Upload Instructions**

### **Competitor Instructions-**

- Using the Digital Upload System
  - [Video Tutorial Link](#)
  - [Quick Glance Handout](#)

### **Chapter Advisor Instructions -**

- Registering for Conferences including Digital Uploads
  - [Video Tutorial Link](#)
  - [Quick Glance Handout](#)
- Using the Digital Upload System
  - [Video Tutorial Link](#)
  - [Quick Glance Handout](#)

The following competitive events require competitors to upload digital materials for Texas HOSA by your area conference deadline. If you advance must follow the instructions above to submit your materials for State and ILC. Please check your Competitor Orientation Sheets on the Texas HOSA Web Site.

- Clinical Specialty - **Need to upload- no upload is a 35pt deduction.**
- Community Awareness- **Need to upload- no upload is a 35pt deduction.**
- Family Medicine Physician- **No upload for Texas HOSA- Upload for ILC**
- Health Career Photography- **Need to upload- prejudging to Top 10**
- Health Education- **Need to upload- prejudging to Top 10**
- Interviewing Skills -**Need to upload- prejudging to Top 10**
- Job Seeking Skills -**Need to upload- prejudging to Top 10**
- Mental Health Promotion- **Need to upload- prejudging. No upload is a 105pt. deduction.**
- MRC Partnership- **Need to upload- no upload is a 35pt deduction.**
- Public Service Announcement- **Need to upload- prejudging. No upload is a 110pt deduction.**
- Researched Persuasive Writing and Speaking- **Need to upload- no upload is a 35pt deduction.**
- Research Poster - **Need to upload- no upload is a 35pt deduction.**

As a chapter advisor, you can copy and email the digital upload link to a team member for ONE Team member to upload required files.