

# Health Career Preparation

Leadership Event .....

Eligible Divisions: Middle School	Round 1: Interview	Digital Upload: NO
Solo Event: 1 competitor		



**New for 2024 – 2025**

Competitors must bring 4 copies of their Statement of Interest to competition for judges. Editorial updates have been made.

**Event Summary**

Health Career Preparation provides Middle School members with the opportunity to gain the knowledge and skills required for interviews in a health career. This competitive event consists of a written statement of interest and an interview. It aims to inspire members to be proactive future health professionals and gain confidence in speaking about why healthcare is the right career fit for them.

**TEXAS HOSA**

Texas State Leadership Conference

Competitors only need to bring **two** copies of their “Statement of Interest” for the State competition. All competitors will be given an appointment time. There will be no holding room for this event. Top Three scores from State will advance to ILC

**Dress Code**

Proper business attire or official HOSA uniform. Bonus points will be awarded for [proper dress](#).

**Competitor Must Provide:**

- 4 hard copies of Statement of Interest for judges
- [Photo ID](#)

**General Rules**

1. Competitors must be familiar with and adhere to the [General Rules and Regulations](#).

**Statement of Interest**

2. Formatting the Statement of Interest:
  - a. Title page centered including event name, competitor name, HOSA Division, HOSA Chapter Number, School Name, Chartered Association, Statement of Interest. One page only.
  - b. Body: Maximum of two (2) pages in length
  - c. 8.5 x 11” paper, single-sided, stapled in the top left corner
  - d. Arial, 12 point font
  - e. Double-spaced, 1” margins
  - f. Running header with last name and event on the top left side of the page, and page number on top right side of each page (not counting title page)

3. Contents of the Statement of Interest: The Statement of Interest should include answers to the following questions:
  - a. Why do you want to pursue a career in healthcare?
  - b. What specific field of healthcare are you interested in?
  - c. How did you get intrigued with healthcare?
  - d. How can HOSA play a role in helping you reach your goals?
4. Competitors will bring 4 copies of their Statement of Interest to the ILC competition to reference during the interview, and to provide to judges.

### **The Interview**

5. Competitors shall report to the interview site at the given appointment time. No materials other than the Statement of Interest may be taken into the interview.
6. The section leader shall introduce the competitor by name to the judges. In the Job Seeking Skills, Interviewing Skills and Health Career Preparation events only, handshakes between judges and competitors are allowed and encouraged per the rubric. In this event, handshakes are allowed both at the beginning and end of the event.
7. Interview questions asked of the competitors will be similar to those addressed in the Statement of Interest. Competitors should be prepared to introduce themselves, speak about why they are interested in healthcare, what parts of healthcare they are interested in, how they got intrigued in healthcare, future career goals, what role HOSA can play in reaching their goals, and what they are most excited about in the healthcare field.
8. The questions asked during the event are considered a secret topic. Professional ethics demand that competitors DO NOT discuss or reveal the secret topic for ANY event until after the event has concluded. Violation of the ethics rules will be severely penalized per [the GRRs](#).
9. The interview will be conducted for a maximum of four (4) minutes. The timekeeper shall present a card advising the competitor when there is one (1) minute remaining. At the end of the interview, the competitor will leave their Statement of Interest copies with Judges, and they becomes property of HOSA.

### **Final Scoring**

10. In the event of a tie, a tiebreaker will be determined by the areas on the rating sheet section(s) with the highest point value in descending order.

# HEALTH CAREER PREPARATION

Section # \_\_\_\_\_ Judge's Signature \_\_\_\_\_

Competitor # \_\_\_\_\_ Division: MIDDLE SCHOOL ONLY

Items Evaluated						
A. Statement of Interest	Excellent 10 points	Good 8 points	Average 6 points	Fair 4 points	Poor 0 points	JUDGE SCORE
<b>1. Organization</b>	The Statement of Interest includes an excellent introduction, body and conclusion paragraphs. It flows smoothly and is very organized. It stands out above others.	Most of the organization is appropriate, but a few small changes could improve the clarity of the Statement of Interest for the viewer.	Some of the organization is correct, but there are a couple of major problems that are somewhat distracting to the viewer.	An attempt was made to organize the Statement of Interest, but significant problems still distract the viewer from reading it from top to bottom.	Statement of Interest not submitted OR the Statement of Interest has little to no organization, which could mean inconsistent fonts, no separation of paragraphs, or improper ordering of topics.	
	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 points	JUDGE SCORE
<b>2. Content of the Statement of Interest</b> includes an answer to the question: <ul style="list-style-type: none"> <li>Why do you want to pursue a career in healthcare?</li> </ul>	The Statement of Interest includes an excellent and thoughtful answer to the question asked. It makes for a great introduction, and the judges feel like they have a real sense of who the competitor is.	The Statement of Interest answer to the question leaves the judges wanting more information.	The Statement of Interest attempts to answer the question, but there is a significant need for more information.	The Statement of Interest only minimally answers the question.	Statement of Interest not submitted OR the Statement of Interest does not answer the question.	
<b>3. Content of the Statement of Interest</b> includes an answer to the question: <ul style="list-style-type: none"> <li>What specific field of healthcare are you interested in?</li> </ul>	The Statement of Interest includes an excellent and thoughtful answer to the question asked. It makes for a great introduction, and the judges feel like they have a real sense of who the competitor is.	The Statement of Interest answer to the question leaves the judges wanting more information.	The Statement of Interest attempts to answer the question, but there is a significant need for more information.	The Statement of Interest only minimally answers the question.	Statement of Interest not submitted OR the Statement of Interest does not answer the question.	
<b>4. Content of the Statement of Interest</b> includes an answer to the question: <ul style="list-style-type: none"> <li>How did you get intrigued in healthcare?</li> </ul>	The Statement of Interest includes an excellent and thoughtful answer to the question asked. It makes for a great introduction, and the judges feel like they have a real sense of who the competitor is.	The Statement of Interest answer to the question leaves the judges wanting more information.	The Statement of Interest attempts to answer the question, but there is a significant need for more information.	The Statement of Interest only minimally answers the question.	Statement of Interest not submitted OR the Statement of Interest does not answer the question.	

A. Statement of Interest	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 points	JUDGE SCORE
<b>5. Content of the Statement of Interest</b> includes an answer to the question: <ul style="list-style-type: none"> <li>How can HOSA play a role in helping you reach your goals?</li> </ul>	The Statement of Interest includes an excellent and thoughtful answer to the question asked. It makes for a great introduction, and the judges feel like they have a real sense of who the competitor is.	The Statement of Interest answer to the question leaves the judges wanting more information.	The Statement of Interest attempts to answer the question, but there is a significant need for more information.	The Statement of Interest only minimally answers the question.	Statement of Interest not submitted OR the Statement of Interest does not answer the question.	
<b>6. Neatness, spelling, grammar</b>	There are no spelling or grammatical errors throughout the entire Statement of Interest.	There are 1-2 minor misspellings or grammatical errors that will be easy to fix and make the text more appealing to the viewer.	There are 3-4 spelling or grammatical errors in the Statement of Interest.	There are 5-6 spelling or grammatical errors present in the Statement of Interest.	Statement of Interest not submitted OR there are 7 or more spelling or grammatical errors in the Statement of Interest.	
<b>7. Title Page</b>	The title page includes event name, competitor name, HOSA Division, HOSA Chapter Number, School Name, and Chartered Association; one page only.	N/A	N/A	N/A	Statement of Interest not submitted OR all requirements are not met.	
<b>8. Formatting</b>	Statement of interest is two pages max, on 8.5 x 11" paper, Arial, 12 point font, and double spaced. Running header with last name and event on the top left side of the page, and page number on top right side of each page (not counting title page)	N/A	N/A	N/A	Statement of Interest not submitted OR all requirements are not met.	
B. Question Responses	Excellent 10 points	Good 8 points	Average 6 points	Fair 4 points	Poor 0 points	JUDGE SCORE
<b>1. Introduction/first impression</b>	Greeting is excellent, shook hands and engaged professionally with the judge upon arrival. Great first impression!	Greeting is good, handshake was appropriate but didn't stand out amongst competition.	Greeting is appropriate, but didn't shake hands or didn't shake hands correctly, conversation is appropriate.	Average greeting did not shake hands with judge, Conversation is not engaging or there was no conversation.	Poor first impression. Competitor did not shake hands or try to engage with the judge.	

<b>B. Question Responses</b>	<b>Excellent 10 points</b>	<b>Good 8 points</b>	<b>Average 6 points</b>	<b>Fair 4 points</b>	<b>Poor 0 points</b>	<b>JUDGE SCORE</b>
<b>2. Content of Question Responses</b> Judges are looking for presentations with the following criteria: a. Competitor shows willingness to volunteer information b. Presentation is informative regarding future goals. c. Sounds professional in choice of vocabulary and descriptions.	The competitor confidently showcased each of the three criteria in their question responses. The presentation left the judges with a very clear picture of the competitor's career goals, aspirations, and plans for the future.	The presentation was honest, thoughtful, and thorough, using professional language and tone, but the content lacked the wow factor to make the competitor stand out from others. The competitor covers 2-3 of the presentation criteria.	The presentation does not provide a clear picture of their career goals.  The competitor covers 2 of the presentation criteria.	The presentation was thoughtful, but the presentation could have been more impressive.  Covers 1 or fewer of the presentation criteria.	Most questions were answered inappropriately, didn't elaborate on answers  Covers none of the interview criteria.	
<b>3. Confidence, maturity, enthusiasm</b>	The competitor exhibited great confidence throughout their presentation. There is a genuine excitement about healthcare and HOSA and they conducted themselves with maturity. They would make a great future health professional!	The competitor presented with confidence. They were excited to share information about their future career of interest.	The competitor exhibited some level of confidence in their presentation ability but seemed a little nervous. Next time they will do incredible!	The competitor appeared to be nervous and anxious during the presentation. It was evident they were excited; they just need more practice with presentations.	The competitor's nerves got the best of them. They were not able to showcase their best work in the interview. They should keep trying!	
<b>4. Closing</b>	The competitor maintained composure throughout the presentation thanked the judges.	N/A	The competitor remained professional throughout the presentation.	N/A	The competitor did not maintain composure throughout the interview & forgot to thank the judges at the end.	
<b>C. General Characteristics</b>	<b>Excellent 10 points</b>	<b>Good 8 points</b>	<b>Average 6 points</b>	<b>Fair 4 points</b>	<b>Poor 0 points</b>	<b>JUDGE SCORE</b>
<b>1. *Diction and **pronunciation</b>	The competitor speaks clearly enunciates words. Clear, crisp speech which is easy to hear and understand.	The competitor enunciates most words clearly and is easily understood.	The competitor speaks clearly, minimal instances when they mumble or do not enunciate their words.	The competitor mumbles some of the time and speaks at a low volume. The judges must ask the candidate to repeat themselves.	The competitor mumbles, speaks softly, and is hard to hear. Judges are unable to hear or understand all or part of the responses to the interview questions.	
<b>2. Eye contact, poise and posture</b>	The competitor displays comfortable eye contact, displays confidence in their demeanor, sits up straight throughout the presentation.	The competitors make eye contact most of the time, sit up straight, and conduct themselves with confidence.	The competitor displays some eye contact but looks down or to the side during the presentation.	The competitor makes limited eye contact and does not display good posture.	The competitor does not make eye contact with the judges. They slouch or appear disinterested during the interview.	
<b>Total Points (105):</b>						

\* Definition of Diction – Choice of words, especially with regard to correctness, clearness, and effectiveness.

\*\* Definition of Pronunciation – Act or manner of uttering officially.