



2021 Virtual Texas Area Conferences Healthy Lifestyle



TIMELINE

January 6: 2021 Virtual Texas Area Conference Registration Deadline for all areas

January 13: Materials upload due to Tallo by 11:59 pm CST

January 15: Login Credentials Deadline for Online Testing (emailed to competitors)
Virtual Opening Session (see full schedule for the time)

January 18: Online Test (8:00 am to 8:00 pm CST)

January 20: Conference Registration fees due

February 10: Virtual Grand Awards Session (see full schedule for the time)



GUIDELINE MODIFICATIONS: View rubric [HERE](#)

- Judge questions have been removed; terminology has been changed from “interview with judges” to “presentation for judges”; and portfolio copies and lamination requirements have been removed from the modified rubric.
- Competitors will record a video of their presentation for judges (the one they normally would give in person)
 - Very specific directions for the Recorded Video Presentations have been created. Read this information in detail [HERE!](#)
- Competitors will submit: 1) Portfolio; 2) Link to video presentation.
- The completed portfolio must be uploaded as a single document, pdf preferred, by the competitor to the Healthy Lifestyle event opportunity on Tallo – following the instructions outlined on the [HOSA/Tallo Instruction Page](#). These uploaded materials will be sent to the judges on behalf of the competitor.
- Uploads must be complete by January 13. The uploaded materials are what the judges will use to score competitors.
- If you do not upload your materials, there is no content to be judged, therefore no score will be given. Judges will receive materials on January 13, so if you miss the January 13 upload deadline, your material will not be sent to the judges.
- If you have any issues uploading, please email Texas HOSA, well before the January 13 deadline at texashosa@texashosa.org.

- **Pro Tip #1:** Practice uploading your links to Tallo prior to the January 13 deadline. You can upload materials to the event opportunity in Tallo, and then delete/edit/re-upload materials up until the January 13 deadline.
- **Pro Tip #2:** Do not wait until the last day to upload. Try to upload your materials before the deadline. If something goes wrong, you have time to troubleshoot!
- ALL competitors will also take the online test for this event. See the next section on Technology for testing instructions.



TESTING

- Tests can be taken on a smartphone, tablet, or computer.
- Go to **testing.hosa.org** to access the testing system. Login credentials will be emailed directly to competitors by January 15. If the competitor does not have an email on file, the information will be sent to their local chapter advisor for distribution.
- Please click [HERE](#) for online testing instructions.
- Competitors can take the test in the online testing system anytime in the 12-hour window listed above.
- 60 minutes will be allowed for the online test. The testing system will automatically countdown time remaining.
- If you have any issues logging in, accessing online testing, or if you didn't receive your password and login information via email by January 18, please call the CE Help Line immediately. 1-877-728-0150

SECURITY & ETHICS

- All competitors are required to review the Virtual Texas Area Conference Security and Ethical Statement found [HERE](#).

DRESS CODE

- As Future Health Professionals, HOSA members should present themselves in a professional manner for all recorded video presentations and/or live events as part of the Texas HOSA Virtual Area Spring Conference; however, dress code bonus points will not be awarded this year.