

# Public Health Competitor Orientation



IT IS THE RESPONSIBILITY OF THE COMPETITOR TO KNOW AND FOLLOW THE EVENT GUIDELINES AND [TEXAS HOSA GENERAL RULES AND REGULATIONS](#).

FOR COMPLETE GUIDELINES, REFER TO [WWW.HOSA.ORG](http://WWW.HOSA.ORG)

**2022-2023 TOPIC: HEART HEALTHY FOR LIFE: WHAT YOU NEED TO KNOW NOW**

## COMPETITOR RESPONSIBILITIES

- Competitors/Teams will report to the event room no more than 15 minutes before their appointment time.
- Competitors should bring any items listed in the “Competitors Must Provide” box found in the event guidelines.

## APPOINTMENT TIMES

- **There will be no holding room for either round of this event.**
  - For round one, appointment times will be assigned to each team and will be posted outside of Competitive Event Headquarters.
  - For round two, when finalist teams are determined, appointment times for those teams will be posted outside of Competitive Event Headquarters.

**ROUND ONE EVENT PROCESS – REFER TO PUBLIC HEALTH ILC EVENT GUIDELINES AT [WWW.HOSA.ORG](http://WWW.HOSA.ORG)**

**ROUND TWO EVENT PROCESS – REFER TO PUBLIC HEALTH ILC EVENT GUIDELINES AT [WWW.HOSA.ORG](http://WWW.HOSA.ORG)**

## TEXAS HOSA ELECTRONIC DEVICES POLICY

- While competitors can have their cell phones, smart watches, etc with them, they must be in the off position and stored with their personal items. The competitor may not touch the devices at any time during the event. There will be consequences for doing so. Be sure to turn off your devices and put them away before entering the room. **EXCEPTION: USE OF CELL PHONE FOR ELECTRONIC NOTE CARDS.**

Click [HERE](#) for the Texas HOSA General Rules & Regulations (TxGRRs)