



Texas HOSA Handbook:

Section H: Competitive Events Program

This section contains:

- Understanding the Competitive Events Program
- Competitive Events Program
- General Rules and Guidelines
- Advisor Guidelines for Students
- Reasonable Accommodation Statement

Activities and procedures within HOSA-Future Health Professionals, Texas Association are governed by the philosophy of simple fairness to all. Therefore, the policy of HOSA-Future Health Professionals, Texas Association is that all operations will be performed without regard to race, religion, sex, national origin, and other characteristics illegal as well as reasonable accommodations with disabilities and accessibility requirements on public accommodations.

UNDERSTANDING THE COMPETITIVE EVENTS PROGRAM

HOSA's origins are in the curriculum

When HOSA was created as an integral part of the curriculum, it was designed to support and reinforce classroom learning outcomes – not the other way around.

HOSA's purpose is learning

What HOSA does is motivate students to learn. HOSA conferences, events, and partnerships all motivate health science students to do more than would be reasonable within the classroom walls.

HOSA's learning value reaches program content and beyond

HOSA members learn health science education competencies and they learn them well. They also learn about leadership, responsibility, teamwork, communication, and other “real world” skills.

Guiding Thoughts

- The priority is to offer the best learning experience possible through health science education. HOSA is a part of that process.
- The value of competitive events happens before the competition. It is the learning that takes place in the days, weeks, and months before the competition.
- The competitive events program is designed to be comprehensive, challenging and efficient with minimal duplication of effort.

Misguided Thoughts

- “But that’s the way we’ve always done it...”
- “Since I’m right and you disagree with me, you must be wrong!”
- “We should reward everyone!”

**The medals are NOT the goal.
They are the tools we use to motivate students to achieve their goals.**

COMPETITIVE EVENTS PROGRAM

HOSA members are encouraged to take full advantage of the International and Texas HOSA Competitive Events Program, a constantly expanding and improving series of healthcare-related competitive events. To participate in a competitive event, a student must be a secondary, post-secondary/collegiate or middle school active HOSA member. The top 3 competitors in each event at the Area Spring Leadership Conference will advance to competition at the State Leadership Conference and the top 3 competitors in each event at the State Leadership Conference will have the opportunity to compete at the International Leadership Conference. **HOSA members may enter only one competitive event.** In addition, competitors may participate in as many Recognition Events as they wish.

Secondary and Post-Secondary Events

Guidelines can be found at www.hosa.org and www.texashosa.org Advisor Tab

Health Science Events

- Behavioral Health
- Cultural Diversity & Disparities in Healthcare
- Dental Terminology
- Health Informatics
- Human Growth & Development
- Medical Law & Ethics
- Medical Math
- Medical Reading
- Medical Spelling
- Medical Terminology
- Nutrition
- Pharmacology
- Pathophysiology

Emergency Preparedness Events

- CERT Skills
- CPR/First Aid
- Emergency Medical Technician
- Epidemiology
- Life Support Skills*
- Mental Health Promotion
- MRC Partnership
- Public Health

Teamwork Events

- Biomedical Debate
- Community Awareness
- Creative Problem Solving
- Forensic Science
- Health Career Display
- Health Education
- HOSA Bowl
- Medical Innovation
- Parliamentary Procedure
- Public Service Announcement

Health Professions Events

- Biotechnology
- Clinical Laboratory Science
- Clinical Nursing
- Clinical Specialty
- Dental Science
- Family Medicine Physician
- Home Health Aide
- Medical Assisting
- Nursing Assisting
- Personal Care*
- Pharmacy Science
- Phlebotomy **(NEW)**
- Physical Therapy
- Sports Medicine
- Veterinary Science

Leadership Events

- Extemporaneous Writing
- Health Career Photography
- Healthy Lifestyle
- Interviewing Skills*
- Job Seeking Skills
- Organizational Leadership (State only)
- Prepared Speaking
- Researched Persuasive Writing & Speaking
- Research Poster
- Speaking Skills*

Recognition Events

- Barbara James Service Award
- Healthcare Issues Exam
- HOSA Happenings
- HOSA Service Project
- Outstanding HOSA Achievement
- Outstanding HOSA Leader
- Outstanding HOSA Alumni **(NEW)**

Texas Events

- Medical Art Poster
- Blood Drive

Middle School Events

Guidelines can be found at www.hosa.org

Health Science Events

- Foundations of Medical Terminology
- Health Career Exploration
- Math for Health Careers
- Foundations of Medical Reading
- Foundations of Nutrition

Health Professions Events

- Foundations of Veterinary Science **(NEW)**

Emergency Preparedness Events

- Life Threatening Situations
- Public Health

Leadership Events

- Extemporaneous Health Poster
- Health Career Preparation
- Healthy Lifestyle
- Prepared Speaking
- Speaking Skills

Teamwork Events

- Dynamic Decisions
- Exploring Medical Innovation
- Health Career Display
- Health Education
- HOSA Bowl

Recognition Events

- Barbara James Service Award
- HOSA Happenings
- HOSA Service Project

Texas Events

- Medical Art Poster

GENERAL RULES AND GUIDELINES

1. Competitors must be a member of STATE and INTERNATIONAL HOSA to compete in any event.
2. CURRENT Competitive Event Guidelines will be followed for all competitive events at the area and state levels. Any deviation from the guidelines published by International HOSA can be found in the Competitor Orientation Sheet for that event.
3. **HOSA members may enter only one competitive event.** In addition, competitors may participate in as many Recognition Events as they wish.
4. Area Competition: Post-Secondary/Collegiate and Middle School **do not compete at this level.**

Each Secondary Chapter may enter the following number of competitors in each event at the Area Spring Leadership Conference:

Health Science Events	Four students per event
Health Professions Events	Two students per event Unlimited entries in Personal Care
Emergency Preparedness Events	Two students for individual events Two teams per team event Unlimited entries in Life Support Skills
Leadership Events	Two students per event Unlimited entries in Interviewing Skills & Speaking Skills
Teamwork Events	Two teams per event
Recognition Events	Unlimited entries
Texas only Events	Medical Art Poster: Four posters per chapter Blood Drive: One entry per chapter
Officer Candidates	Four candidates per chapter

Competitors entering an event with a round one test will be required to test online prior to the Area Spring Leadership Conference.

HEALTH SCIENCE EVENTS	
The three (3) highest scores from each area in these events will automatically advance to the State Leadership Conference	
Behavioral Health	Medical Math
Cultural Diversity & Disparities in Healthcare	Medical Reading
Dental Terminology	Medical Terminology
Health Informatics	Nutrition
Human Growth & Development	Pathophysiology
Medical Law & Ethics	Pharmacology
The fifteen (15) highest scores from each area in this event will qualify for round two at the Area Spring Leadership Conference	
Medical Spelling	
HEALTH PROFESSIONS EVENTS	
The ten (10) highest scores from each area in these events will qualify for round two at the Area Spring Leadership Conference	
Biotechnology	Medical Assisting
Clinical Laboratory Science	Nursing Assisting
Clinical Nursing	Physical Therapy
Clinical Specialty	Phlebotomy (NEW)
Dental Science	Pharmacy Science
Family Medicine Physician	Sports Medicine
Home Health Aide	Veterinary Science
EMERGENCY PREPAREDNESS EVENTS	
The three (3) highest scores from each area in this event will automatically advance to the State Leadership Conference	
Epidemiology	
The ten (10) highest scores from each area in these events will qualify for round two at the Area Spring Leadership Conference	
CERT Skills	Emergency Medical Technician
CPR/First Aid	
LEADERSHIP EVENTS	
The ten (10) highest scores from each area in this event will qualify for round two at the Area Spring Leadership Conference	
Healthy Lifestyle	
TEAMWORK EVENTS	
The eight (8) highest scores from each area in these events will qualify for round two at the Area Spring Leadership Conference	
Biomedical Debate	HOSA Bowl
The ten (10) highest scores from each area in this event will qualify for round two at the Area Spring Leadership Conference	
Creative Problem Solving	Parliamentary Procedure
Forensic Science	

RECOGNITION EVENTS	
Percentage of the highest scores from each area in this event will advance to the State Leadership Conference.	
Healthcare Issues Exam	

Advancing competitors will be posted upon completion of online testing.

PLEASE BE AWARE OF THE FOLLOWING EXCEPTIONS:

HEALTH SCIENCE EVENTS

The competitors with the three (3) highest online test scores will advance directly to the State Leadership Conference.

EXCEPTION:

- Medical Spelling competitors with the 15 highest online test scores will advance to the Area Spring Leadership Conference for the round two spell-down.

HEALTH PROFESSIONS & EMERGENCY PREPAREDNESS EVENTS

The competitors/teams with the 10 highest online test scores will advance to the Area Spring Leadership Conference for round two.

EXCEPTION:

- The Epidemiology competitors with the three (3) highest online test scores from each area will advance directly to the State Leadership Conference.

TEAMWORK EVENTS

The teams with the ten (10) highest online test scores will advance to their area conference for round two.

EXCEPTION:

- The Biomedical Debate teams with the eight (8) highest online test scores from each area will advance to round two at the Area Spring Leadership Conference.
- The HOSA Bowl teams with the eight (8) highest online test scores from each area will advance to round two at the Area Spring Leadership Conference.

5. STATE COMPETITION First Level of Competition for Post-Secondary Collegiate and Middle School

- Secondary Competitors (SS)
 - Qualify for the State Leadership Conference through competition at the Area Spring Leadership Conference as is stated above in #3
- Post-secondary Collegiate Competitors (PS/C)
 - Each PS/C chapter may enter the number of competitors as stated above in the Area Spring Leadership Conference Information
- Middle School Competitors (MS)

Each Middle School Chapter may enter the following number of competitors in each event at the State Leadership Conference:

<p>Health Science Events Foundations of Medical Terminology; Health Career Exploration; Math for Health Careers; Foundations of Medical Reading; Foundations of Nutrition</p>	Four (4) students per event
<p>Health Professions Events Foundations of Veterinary Science (NEW)</p>	Four (4) students per event
<p>Emergency Preparedness Events Life Threatening Situations; Public Health</p>	Two (2) students per individual event Two (2) teams per team event
<p>Leadership Events Extemporaneous Health Poster; Health Career Preparation; Healthy Lifestyle; Prepared Speaking; Speaking Skills</p>	Two (2) students per event
<p>Teamwork Events Dynamic Decisions; Exploring Medical Innovation; Health Career Display; Health Education; HOSA Bowl</p>	Two (2) teams per event
<p>Recognition Events Barbara James Service Award; HOSA Happenings; HOSA Service Project</p>	Unlimited entries
<p>Texas Events Medical Art Poster</p>	Four (4) posters per chapter

- Written test at the State Leadership Conference
 - Refer to guidelines for each event to determine if a written test is given.
- Students must meet the minimum requirements to be recognized during the Grand Awards Assembly at the State Leadership Conference. The five highest ranking competitors will be recognized on stage at the State Leadership Conference, and the first, second, and third place competitors will advance to the International Leadership Conference.

To qualify for recognition at the State Leadership Conference Grand Awards Assembly, the following rules apply:

HEALTH SCIENCE EVENTS: Competitors must score at least 50% of the total possible test score.

HEALTH PROFESSIONS & EMERGENCY PREPAREDNESS EVENTS: The written test will be used as a qualifier for round two and the sum of the written test score and the skill score will be used to determine the final ranking. To be ranked, competitors/teams must score a minimum of 70% of the total possible skill score, excluding the identification skills.

LEADERSHIP EVENTS: All competitors will be ranked.

TEAMWORK EVENTS: All competitors will be ranked.

6. OTHER COMPETITION CONSIDERATIONS

- Students must compete and place first through third place at the Area Spring Leadership Conference to be eligible for competition at the State Leadership Conference.
 - Advisors of first, second, or third place winners are responsible for contacting the HOSA, TA Executive Director **as soon as it is known** that your student will **NOT** be attending the State Leadership Conference to compete. This will allow the fourth-place competitor (first alternate) and/or the fifth-place competitor (second alternate) to advance.
- **Registration** for both the Area Spring Leadership Conference and the State Leadership Conference must be submitted by the conference deadline.
- **NO CHANGES** will be made after the conference registration deadline.
 - Texas HOSA does not refund any monies for unused area or state conference entries.
 - Texas HOSA does not require a student to be present at the area or state conference to enter their project(s), unless they are competing in an event that **requires** the student to be physically present for the event.
 - If you have been unable to access your conference information six (6) weeks prior to the conference date, call the Executive Director, Janet Villarreal (877-728-0150) immediately for assistance.
 - There are NO valid excuses for registering late.
- **NO new students will be added** to any event after the registration deadline.
 - **Substitutions may be made only for team events after the registration deadline** and those substitutions may be made only with students that are current International HOSA members.
 - No more than 50% of an original team may be substituted. Team substitutions may be made only until the close of onsite conference check-in. All teammates must be a member of the same HOSA chapter.
- **Event Orientations:**
 - Face-to-face competitor orientations prior to events will not be held. A Competitor Orientation Sheet with information pertinent to each event will be posted on the Texas HOSA website (www.texashosa.org). Competitors should read the information before the conference and contact the CE Manager (linda.stanhope@texashosa.org) if there are any questions.
- **Rule Infractions**
 - If, at any time during a competitive event, the student feels a major rule infraction has occurred, the student must immediately bring this to the attention of the Event Manager for evaluation prior to the conclusion of the competitor's event time.
- **Inquiries**
 - The decisions of the judges are FINAL. If the competitor is not satisfied with the event and wants to offer constructive suggestions or wishes a situation to be evaluated, the Inquiry Form must be used. It is best if the inquiry form is brought to Competitive Event Headquarters before the conclusion of the event, but it must be turned in the Competitive Event Headquarters within two (2) hours of the conclusion of the event. (Texas GRRs).
- **Skill demonstration timing**
 - Demonstration of skills in all skill events will be stopped at the end of the time limit even if the competitor has not completed the procedure.
- **Equipment**
 - Competitors may be denied points by the judge if they do not have the required materials or equipment needed for the selected procedure(s) as specified in the International Competitive Event Guidelines.
 - They may also be denied points for using equipment that is not listed in the Competitive Event Guidelines.

- Equipment/supplies will NOT be checked prior to the competition, except for Extemporaneous Health Poster supplies (middle school)
- **Advisor Event Management**
 - The competitive events program is managed by the local advisors for AREA, STATE, and international competition.
 - For area and state, advisors should sign up to assist in the running of at least one (1) and possibly two (2) events.
 - **If the advisor is unable to attend, he/she must find another advisor to fulfill the duties** and notify the area board member in charge of monitoring advisor assignments.
 - The Event Manager and event team members are responsible for obtaining and becoming familiar with the current Competitive Event Guidelines (Section B) for their assigned event.
- **Competitor Responsibilities**
 - Competitors are responsible for obtaining and reviewing the current competitive event guidelines and the orientation information for their respective competition.
- **Rating Sheets**
 - Keeping with HOSA guidelines, no rating sheets will be returned after competition.
- **TEA Eligibility**
 - Although HOSA is curricular and an integral part of the Health Science Technology curriculum, the Competitive Events program is considered extracurricular regarding rules for student participation eligibility [Texas Education Code, Subchapter D, Sec 33.081 (c)].
- **Code of Conduct/Ethics and Medical Liability Forms**
 - **ALL HOSA students, advisors, and chaperones** will complete and sign the Code of Conduct/Code of Ethics and Medical Liability Forms and copies, along with a verification form must be turned in by the advisor in a properly labeled manila envelope during onsite check-in for area & state conferences. For ILC, forms must be sent with the registration to the executive director who submits them to international HOSA.
- **Chaperone ratio**
 - The required ratio for adult supervision of students is 1 adult sponsor approved by the school district (who is not a HOSA Board of Directors member) per 10 students for all HOSA activities.
- **Photo IDs**
 - The competitor must present an original, valid current photo ID that is issued by a city, state, or federal government agency or by the competitor's school.
 - School IDs must be for the current academic year
 - The first and last name must match as it appears on the event registration
 - The photo must be current and recognizable.
 - Examples:
 - Government issued driver's license or non-driver ID card
 - Official school produced student ID card from the school the competitor currently attends
 - Government issued passport or U.S. Global Entry identification card
 - Government issued military or national identification card
 - If the competitor does not have an acceptable for of ID listed above, the HOSA Competitor Identification Form, found in Appendix H on the International HOSA website may be completed and used.
 - A digital picture of the actual ID can be shown.
 - If a competitor comes to competition and does not have the proper photo ID with him or her, then the competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations
 - Exceptions

Biomedical Debate, HOSA Bowl and Medical Spelling, round two: these round two events are “live” and the winners are determined on site in the debate, spell down and buzzer rounds. Any competitor who fails to bring photo ID to round 2 of HOSA Bowl or Medical Spelling, will not be allowed to compete.

- **Study materials and electronic devices**

Texas HOSA will allow student materials in event holding rooms, on buses and in similar locations. Electronics are allowed but must always remain off. Please be sure to turn OFF your cell phones or smart/electronic device including watches, during events. **They need to be placed face down on the table in front of you or left in your belongings.** HOSA is not responsible for loss or damage to electronic devices during competition. If the cell phone makes any noise or vibrates during the event, penalty points may be assessed.

- **Courtesy Corp**

Courtesy Corps is a designation of HOSA Members who are called upon to assist in the implementation of an assigned Competitive Event(s) at the Texas HOSA Area Spring Leadership Conference and/or the Texas HOSA State Leadership Conference.

QUALIFICATIONS:

Courtesy Corp must be registered for the conference.

Courtesy Corps members should not be registered to compete in another event at the same time as their assigned event for Courtesy Corps.

Responsible and mature student capable of following instructions

A dependable student who will honor the commitment to serve as a courtesy corps member.

POSSIBLE DUTIES OF A COURTESY CORPS MEMBER

Timekeeper

Assist at competitor check-in.

Competitor escort to presentation room

Duties assigned by the Event Manager of the Event Personnel Team

- **Voting Delegate**

Members of HOSA, TA shall be represented through their duly selected delegates from their respective chapters.

Each chapter shall select no more than two members who shall serve as voting delegates at the annual area leadership conference and no more than one member who shall serve as the voting delegate at the annual state leadership conference.

Each voting delegate shall be entitled to one vote; a voting delegate must be registered, present, and sit in Designated area during the voting delegate meeting to cast a vote.

ADVISOR GUIDELINES FOR STUDENTS

1. Students should make a commitment to attend and compete prior to the registration deadline. **No refunds will be given after the conference registration deadline!**
2. Secure all permission forms (Medical Liability Release forms/Code of Conduct forms). Each advisor should bring original signed forms to the Area Spring Leadership Conference and the State Leadership Conference and turn in copies of these forms at onsite check-in in a correctly labeled manila envelope (School Name, Texas Chapter Number, Advisor's Name, Advisor's Cell Phone Number).
3. Advisors should always carry a list of their students' cell phone numbers.
4. It is recommended that you have your students write your cell phone number on the back of their conference name badge so they or Texas HOSA personnel will have a way to always contact you, even if they are at an offsite testing area.
5. At the onsite conference check-in, you may make substitutions for team events **ONLY**. Substitutions may be only made with current HOSA members in the same chapter.
6. Orient your students to appropriate behavior for the hotel and general sessions.
 - a. Review safety features in the room. Make sure students know not to hang anything on the water sprinklers. Use auxiliary locking devices on doors and windows.
 - b. Use the door viewer to identify anyone requesting entry.
 - c. Find the nearest emergency exit and discuss the procedure to be used if a fire alarm is sounded.
 - d. Select a place to meet with your students in the event there is an alert of any kind at any time of the day.
 - e. Report any suspicious activities in the corridors or rooms.
 - f. Always travel in groups of three or more.
 - g. Be wary of strangers who seem overly anxious to help you.
 - h. Carry only the cash you need in small denominations.
 - i. Report loss of stolen items to your advisor and hotel management.
7. Orient your students as to protocol and dress for general sessions and competition.
8. Student participation in this conference implies their desire to improve qualities that will enable them to serve more effectively as a leader in their local chapter and community. It is assumed that their purpose in attending is serious and that their conduct will reflect the leadership responsibility that they have accepted. The advisor is responsible for student conduct, so please advise students of the following rules:
 - a. All students and advisors should attend all scheduled sessions.
 - b. Students must be accompanied by an advisor/chaperone on all trips to places of interest outside the hotel. **NO STUDENT IS TO BE LEFT AT THE HOTEL WITHOUT A DESIGNATED ADVISOR/CHAPERONE.**
 - c. Students must be in their hotel room by curfew.
 - d. Participants must observe safety precautions in all activities.
 - e. No alcoholic beverages, tobacco products, or illegal drugs are permitted during travel or while participating in a school-sponsored activity.
 - f. Conduct which is detrimental to purposes of the meeting may result in disciplinary action and the member being removed from the remainder of the conference.

REASONABLE ACCOMMODATION STATEMENT

HOSA members with disabilities will be reasonably accommodated in Area, State, and International competitive events through event modification as a means of providing them an equal competitive opportunity. Such members may be allowed to provide and utilize special equipment that HOSA may not be able to provide. Requests for reasonable accommodation must be indicated on the HOSA Leadership Conference Registration Form and submitted by the deadline date.