



Revised
2019

COMPETITIVE EVENTS PROGRAM

SECTION H

THIS SECTION CONTAINS:

- Competitive Events
- General Rules and Guidelines
- Reasonable Accommodations Statement
- Advisor Guidelines for Students

Understanding the Competitive Events Program

HOSA's origins are in the curriculum

When HOSA was created as an integral part of the curriculum it was designed to support and reinforce classroom learning outcomes — not the other way around.

HOSA's purpose is learning

What HOSA does is motivate students to learn. HOSA conferences, events and partnerships all motivate health science students to do more than would be reasonable within the classroom walls.

HOSA's learning value reaches program content and beyond

HOSA members learn health science education competencies and they learn them well. They also learn about leadership, responsibility, teamwork, communication and other “real world” skills.

Guiding Thoughts

- The priority is to offer the best learning experience possible through health science education. HOSA is a part of that process.
- The value of competitive events happens before the competition. It is the learning that takes place in the days, weeks, and months before the competition.
- The competitive events program is designed to be comprehensive, challenging and efficient with minimal duplication of effort.

Misguided Thoughts

- But that's the way we've always done it...
- Since I'm right and you disagree with me you must be wrong!
- We should reward everyone!

***The medals are NOT the goal—
they are the tools we use to
motivate students to achieve
their goals.***

Competitive Events Program

HOSA members are encouraged to take full advantage of the International and Texas HOSA Competitive Events Program, a constantly expanding and improving series of healthcare-related competitive events. In order to participate in a competitive event, a student must be a secondary, post-secondary/collegiate or middle school active HOSA member. The top 3 competitors at the area conference will advance to state competition and the top 3 competitors at state conference will have the opportunity to compete at the International conference. **HOSA members may enter only one competitive event.** In addition, competitors may participate in as many Recognition Events as they wish.

Secondary and Post-Secondary Events

Guidelines can be found at www.hosa.org and www.texashosa.org Handbook Section

Health Science Events

- Dental Terminology
- Medical Spelling
- Medical Terminology
- Medical Math
- Medical Reading
- Behavioral Health
- Human Growth and Development
- Medical Law and Ethics
- Nutrition
- Pharmacology
- Pathophysiology
- Cultural Diversity & Disparities in Healthcare

Health Professions Events

- Biomedical Laboratory Science
- Clinical Nursing
- Clinical Specialty
- Dental Science
- Home Health Aide
- Medical Assisting
- Nursing Assisting
- Personal Care*
- Pharmacy Science
- Physical Therapy
- Sports Medicine
- Veterinary Science

Emergency Preparedness Events

- CERT Skills
- CPR/First Aid
- Emergency Medical Technician
- Epidemiology
- Life Support Skills*

- MRC Partnership

- Public Health

Leadership Events

- Extemporaneous Health Poster
- Extemporaneous Writing
- Health Career Photography
- Healthy Lifestyle
- Interviewing Skills*
- Job Seeking Skills
- Organizational Leadership (State Only)
- Prepared Speaking
- Researched Persuasive Writing and Speaking
- Research Poster Presentation
- Speaking Skills*

Teamwork Events

- Biomedical Debate
- Community Awareness
- Creative Problem Solving
- Forensic Science
- Health Career Display
- Health Education
- HOSA Bowl
- Medical Innovation
- Parliamentary Procedure
- Public Service Announcement

Recognition Events

- Barbara James Service Award
- HOSA Happenings
- Healthcare Issues Exam
- National Service Project
- Outstanding State Leader

Texas Events

- Medical Art Poster
- Blood Drive

Middle School Events
Guidelines can be found at

www.hosa.org

Health Science Events

- **Math for Health Careers**
- **Medical Reading**
- **Foundations of Medical Terminology**
- **Health Career Exploration**
- **Nutrition**

Emergency Preparedness Events

- **Life Threatening Situations**
- **Public Health**

Leadership Events

- **Extemporaneous Health Poster**
- **Health Careers Preparation**
- **Healthy Lifestyle**
- **Prepared Speaking**
- **Speaking Skills**

Teamwork Events

- **Dynamic Decisions**
- **Health Career Display**
- **Health Education**
- **Exploring Medical Innovations**

Recognition Events

- **Barbara James Service Award**
- **HOSA Happenings**
- **HOSA Service Project**

HOSA, TA COMPETITIVE EVENTS PROGRAM

GENERAL RULES AND GUIDELINES

1. Competitors must be a member of STATE and INTERNATIONAL HOSA to compete in any event.
2. CURRENT Competitive Event Guidelines will be followed for all area and state competitive events.

Each CHAPTER may enter the following number of competitors for AREA

Health Science Events	Four students per event
Health Professions Events	Two students per event
Emergency Preparedness	Two students/teams per event
Leadership Events	Two students per event
Teamwork Events	Two teams per event
Recognition	Unlimited entries
State Events	Four posters per chapter, One Blood Drive entry per chapter
Officer	Four candidates per chapter

***All chapters may enter unlimited numbers in special needs events at the area level.

3. **Area competition:**

Competitors entering an event with a round one test will be required to test online prior to the area conference.

HEALTH SCIENCE EVENTS		
1	Dental Terminology	Top 3 Scorers will advance to State
2	Medical Reading	Top 3 Scorers will advance to State
3	Medical Spelling	Top 15 Scorers will advance to Area
4	Medical Terminology	Top 3 Scorers will advance to State
5	Medical Math	Top 3 Scorers will advance to State
6	Human Growth & Development	Top 3 Scorers will advance to State
7	Nutrition	Top 3 Scorers will advance to State
8	Pharmacology	Top 3 Scorers will advance to State
9	Pathophysiology	Top 3 Scorers will advance to State
10	Medical Law and Ethics	Top 3 Scorers will advance to State
11	Cultural Diversity & Disparities in Healthcare	Top 3 Scorers will advance to State
12	Behavioral Health	Top 3 Scorers will advance to State
HEALTH PROFESSIONS EVENTS		
13	Biomedical Laboratory Science	Top 10 Scorers will advance to Area
14	Clinical Nursing	Top 10 Scorers will advance to Area
15	Clinical Specialty	Top 10 Scorers will advance to Area
16	Dental Science	Top 10 Scorers will advance to Area
17	Home Health Aide	Top 10 Scorers will advance to Area
18	Medical Assisting	Top 10 Scorers will advance to Area
19	Nursing Assisting	Top 10 Scorers will advance to Area
20	Physical Therapy	Top 10 Scorers will advance to Area
21	Pharmacy Science	Top 10 Scorers will advance to Area
22	Sports Medicine	Top 10 Scorers will advance to Area
23	Veterinary Science	Top 10 Scorers will advance to Area

EMERGENCY PREPAREDNESS EVENTS		
24	CERT Skills	Top 10 Teams will advance to Area
25	CPR/First Aid	Top 10 Teams will advance to Area
26	Emergency Medical Technician	Top 10 Teams will advance to Area
27	Epidemiology	Top 3 Scorers will advance to State
LEADERSHIP EVENTS		
28	Healthy Lifestyle	Top 10 Scorers will advance to Area
TEAMWORK EVENTS		
29	Biomedical Debate	Top 8 Teams will advance to Area
30	Creative Problem Solving	Top 10 Teams will advance to Area
31	Forensic Science	Top 10 Teams will advance to Area
32	HOSA Bowl	Top 8 Teams advance to Area. 2 alternate teams will advance to Area if needed
33	Parliamentary Procedure	Top 10 Teams will advance to Area
RECOGNITION EVENTS		
34	Healthcare Issues Exam	% of top scorers will advance to state

Upon completion of online testing the top Competitors will be posted

Please Note: The following rules are Texas HOSA event rules. Numbers of competitors advancing in Texas HOSA are different from International HOSA.

Health Science Events: The competitors from each area with the three highest online test scores will advance to the state conference.

Exception:

- The Medical Spelling competitors with the 15 highest online test scores will advance to area for the round two spell-down.

Health Professions & Emergency Preparedness Events:

The competitors/teams with the 10 highest online test scores will advance to their area conference for round two. The sum of the written test score and the skill score will be used to determine final ranking. In order to be ranked, students/teams must score a minimum of 70% of the total possible skill score. The five highest rankings will be recognized with those ranked in the top three places qualifying for the state conference.

Exceptions:

- The Epidemiology competitors with the three highest online test scores from each area will advance directly to state conference.
- The Public Health teams with the 10 highest scores after round one will advance to round two for the full presentation.

Leadership Events:

All competitors in this category will compete at the area conference.

Exception:

- The Healthy Lifestyle competitors with the 10 highest online test scores will advance to the area conference for round two.

Teamwork Events:

The teams with the 10 highest online test scores will advance to their area conference for round two.

Exceptions:

- The Biomedical Debate teams with the eight highest online test scores from each area will advance to round two at the area conference.
- The HOSA Bowl teams with the eight highest online test scores from each area will advance to round two at the area conference. The teams with the ninth and tenth online test scores will be considered alternates.

Recognition:

- **Health Care Issues Exams will test online and the numbers of testers advancing to state conference will be determined by the number of testers in each area.**

State Conference

A written test will be administered at the state conference for those events that include a round one test.

Students must meet the minimum requirements to be recognized

during the awards session at the state conference. The five highest scoring competitors will be recognized, and the first, second, and third place winners will advance to International Leadership Conference. To qualify for recognition at the Grand Awards Assembly, the following guidelines apply:

- **Health Science Events**
Competitors must score at least 50% of total possible test Score
- **Health Professions & Emergency Preparedness Events**
The written test will be used as a qualifier for round two and the sum of the written test score and the skill score will be used to determine final ranking. In order to be ranked, students/teams must score a minimum of 70% of the total possible skill score.
- **Leadership Events**
All competitors will be ranked.
- **Teamwork Events**
All competitors will be ranked.

4. Other Competition Considerations

- A. Students must compete and place first through third at the area level to be eligible for state competition. Advisors of first, second, or third place winners are responsible for contacting the HOSA, TA Executive Director as **soon as it is known** that your student will not be attending the conference to compete. This will allow the fourth place competitor (first alternate) and/or the fifth place competitor (second alternate) to advance.
- B. Area and state conference registration must be submitted by the conference deadline. **NO REFUNDS will be made after the conference registration deadline.** If you have been unable to access your conference information 6 weeks prior to conference date, call the Executive Director, Janet E. Villarreal (877-728-0150) immediately for assistance. There are NO valid excuses for registering late. A \$25.00 per person late fee will be imposed after the registration deadline for State Leadership Conference.
- C. NO new students will be added to any event after the registration deadline. **Substitutions may be made only for team events** after the registration deadline and those substitutions may be made only with students that are current International HOSA members. No more than 50% of an original team may be substituted. Team substitutions may be made only until the close of on-site conference registration. All teammates must be a member of the same HOSA

chapter.

- D. Competitors must attend the scheduled event orientation which follows event competitor check in at the area and state conference or a loss of points may be the result. A proxy is not allowed at area or state conference.

At ILC, failure to attend the event orientation may result in the loss of ten (10) points. Registered participants must attend the scheduled orientation session at the International Leadership Conference for the event in which they are competing. Check guidelines for events allowing a proxy. A proxy may be an advisor or student who is qualified to communicate to the competitor the information shared at the orientation. A completed proxy form is required. At least one (1) team member must attend the orientation for team events. When a team member is representing others on a team, he/she must bring a completed proxy form. All competitors must be present at the orientation for those events in which the orientation includes Round One or other event component.

Competitors are required to wear the HOSA uniform or professional business attire to all orientations. Bonus points for proper attire will be assessed by the Event Manager. For Health Profession events and Emergency Preparedness events, students may wear the proper attire for the skill event. A total score of either 5 or 0 will be added once to the tally sheet and become part of the composite score.

- E. If at any time during a competitive event, the student feels a major rule infraction has occurred, the student must immediately bring this to the attention of the Event Manager for evaluation prior to the conclusion of the competitor's event time.
- F. The decisions of the judges are FINAL. If the competitor is not satisfied with the event and wants to offer constructive suggestions or wishes a situation to be evaluated, the Inquiry Form must be used. The inquiry form must be returned to Competitive Event Headquarters before the conclusion of the event.

- I. Skill demonstrations in all skill events will be stopped at the end of the time limit even if the competitor has not completed the procedure.
- J. Competitors may be denied points by the judge if they do not have the required materials or equipment needed for the selected procedure(s) as specified in the International Competitive Event Guidelines. They may also be denied points for using equipment that is not listed in the Competitive Event Guidelines. Equipment/supplies will NOT be checked prior to the competition, with the exception of Extemporaneous Health Poster equipment.
- K. The competitive events program is managed by local advisors for AREA, STATE, and International competition. For area and state, advisors will sign up for an assignment on the AVACC system which is part of the conference registration. **If the advisor is unable to attend, he/she must find another advisor to fulfill the duties** and notify the area board member in charge of monitoring assignments.
- L. The event manager is responsible for obtaining and becoming familiar with the current Competitive Event Guidelines (Section B) for his/her assigned event.
- M. Competitors are responsible for obtaining, and reviewing the current competitive event guidelines for his/her respective competition.
- N. Keeping with HOSA guidelines, no rating sheets will be returned after competition.
- O. Although HOSA is curricular and an integral part of the Health Science Technology curriculum, the Competitive Events program is considered extracurricular in regard to rules for student participation eligibility [Texas Education Code, Subchapter D, Sec. 33.081 (c)].
- P. ALL HOSA students, advisors, and chaperones will complete and sign the Code of Conduct/Code of Ethics and Medical Liability Form and copies, along with a verification form must be turned in by the advisor in a properly labeled manila envelope during onsite registration for area & state conferences. For ILC, forms must be sent with the registration to the executive director who submits them to International HOSA.
- Q. The required ratio for adult supervision of students is 1 adult sponsor approved by the school district (who is not a HOSA Board of Directors member) per 10 students for all HOSA activities.
- R. The competitor must present an original, valid current photo ID that is issued by a city, state or federal government agency or by the competitor's school.

- School ID's must be for the current academic year and in a hard plastic card format.
- The first and last name must match as it appears on the event registration.
- The photo must be current and recognizable.
- Examples:
 - Government-issued driver's license or non-driver ID card
 - Official school-produced student ID card from the school the competitor currently attends
 - Government-issued passport or U.S. Global Entry identification card
 - Government-issued military or national identification card
- If the competitor does not have an acceptable form of ID listed above, the HOSA Competitor Identification Form, found in Appendix H on the International HOSA Website may be completed and used.
- If a competitor comes to competition and does not have the proper photo ID with him or her, then the competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.
- Exceptions:
 - HOSA Bowl and Medical Spelling, round 2 - these round 2 events are "live" and the winners are determined on-site in the spelldown and buzzer rounds. If a competitor fails to bring photo ID to round 2 of HOSA Bowl or Medical Spelling, they will not be allowed to compete.

R. Ethics and Integrity: As future healthcare professionals, HOSA members are held to a higher standard in regard to their ethical behavior as competitors. HOSA members should follow the national rules and act with honor at all times. Plagiarism or copyright violation is prohibited. Any attempts to lie, cheat, or gain an unfair advantage will not be tolerated.

S. Texas HOSA will allow study materials in event holding rooming, on buses and in similar locations. Electronics are allowed but must remain off at all times. Please be sure to turn OFF your cell phones or smart/electronic device, including watches, during events. They need to be placed face down on the table in front of you, or left in your belongings. HOSA is not responsible for loss or damage to electronic devices during competition. If the cell phone makes any noise or vibrates during the event, penalty points may be assessed

ADVISOR GUIDELINES FOR STUDENTS

1. Students should make a commitment to attend and compete prior to the registration deadline. **No refunds will be given after the conference registration deadline!**
2. Secure all permission forms, Medical Liability Release forms, and Code of Conduct forms. Each advisor should bring original signed forms to Area and State Conference and turn in copies of these forms at onsite registration in a correctly labeled manila envelope.
3. Advisors should carry a list of their students' cell phone numbers at all times.
4. It is recommended that you have your student's write your cell phone number on the back of their conference name badge so they will have a way to contact you at all times, even if they are at an off-site testing area.
5. At the on-site conference check-in, you may make substitutions for team events **ONLY**. Substitutions may be **ONLY** made with current HOSA members in the same chapter.
6. Orient your students to appropriate behavior for the hotel and general sessions.
 - Review safety features in the room. Make sure students know not to hang anything on the water sprinklers. Use auxiliary locking devices on doors and windows.
 - Use the door viewer to identify anyone requesting entry.
 - Find the nearest emergency exit and discuss the procedure to be used if a fire alarm is sounded.
 - Select a place to meet with your students in the event there is an alert of any kind at any time of the day.
 - Report any suspicious activities in the corridors or rooms.
 - Always travel in groups – preferably of three or more.
 - Be wary of strangers who seem overly anxious to help you.
 - Carry only the cash you need in small denominations.
 - Report lost or stolen items to your advisor and hotel management.
7. Orient your students as to protocol and dress for general sessions.
8. Student participation in this conference implies their desire to improve qualities that will enable them to serve more effectively as a leader in their local chapter and community. It is assumed that their purpose in attending is serious and that their conduct will reflect the leadership responsibility that they have accepted. The advisor is responsible for student conduct, so please advise students of the following rules:

- All students and advisors should attend all scheduled sessions.
- Students must be accompanied by an advisor on all trips to places of interest outside the hotel. NO STUDENT IS TO BE LEFT AT THE HOTEL WITHOUT A DESIGNATED ADVISOR / CHAPERONE.
- Students must be in their hotel room by curfew.
- Participants must observe safety precautions in all activities.
- No alcoholic beverages, tobacco products, or illegal drugs are permitted during travel or while participating in a school-sponsored activity.
- Conduct which is detrimental to purposes of the meeting may result in disciplinary action and the member being removed from the remainder of the conference.

REASONABLE ACCOMMODATION STATEMENT

HOSA members with disabilities will be reasonably accommodated in Area, State and National competitive events through event modification as a means of providing them an equal competitive opportunity. Such members may be allowed to provide and utilize special equipment that HOSA may not be able to provide. Requests for reasonable accommodation must be indicated on the HOSA Leadership conference registration form and submitted by the deadline date.