



Texas HOSA Newsletter | From Your State Officer Team



President's Message



I encourage you all to use HOSA as a platform to expand awareness, to orchestrate evolution, and to challenge yourself to be a world shifter. Wherever you go, go with intent. I wish for each member of Texas HOSA to find what makes you excited, to feel the overwhelming joy when you realize the impact you will make on this world, and to live the full life of your brilliant mind. It is my honor to serve as your 2019-2020 Texas HOSA State President.

Sincerely,
Abigail Alquiza

LEADERSHIP DEVELOPMENT INSTITUTE August 2019 | San Antonio

To kick off their leadership journeys, the Texas HOSA state and area officers attended the Leadership Development Institute in San Antonio. The conference was led by leadership coaches and past national officers, Lowell Doringo and Christine Kim. Together they led the officers in exercises that built their confidence in public speaking, strength as a team, and overall leadership skills. Taking inspiration from this year's LDI theme "Seas the Day", the officers competed in a boat building competition. At LDI, officers pushed their limits and truly learned what it means to be a Texas HOSA officer!



WASHINGTON

September 2019 | Washington DC

LEADERSHIP ACADEMY

In September, the state officer team attended the Washington Leadership Academy (WLA) in our nation's capital. HOSA leadership across the globe attended; HOSA China even made an appearance! It was clear that our beloved organization was not only growing, but impacting the mind and hearts of all. While in Washington D.C., the state officer team advocated for the Perkins Grant which allows Career and Technical Education programs, like health science, to prosper.

Along with local Texas chapters of Brazoswood and Kingwood HOSA, we embarked to Capitol Hill to meet with congressional members. We even had the opportunity to meet Senator Ted Cruz who showed his support for our organization. This academy also involved familiarizing ourselves with inspiring messages of being a positive influence. Spreading the positive influence of Texas HOSA, Jose the HOSA bear got to meet a multitude of HOSA State Officers from around the world!



The state officer team brought back new found ideas that will be implemented into our term as leaders and of course reflected to our members of Texas HOSA.



STATE PLANNING MEETING

November 2019 | Galveston

The State Officer team was busy at work in Galveston, Texas during the State Planning meeting. The officers met to discuss plans and activities for the conference. They also filmed the Texas HOSA Service Project Challenge and conference promotional video which will both be shown at Area Spring Leadership Conferences. Be prepared to Level Up! at your Area Conference and start your path towards State. The State team wishes all competitors best of luck in their events and can't wait to see everyone in April!



TEXAS HOSA: LEVEL UP!

State Leadership Conference

This year's State Leadership Conference will be held at the San Luis Convention Center in Galveston, Texas! The theme guiding and encouraging our members is: Texas HOSA Level Up! From riding a roller coaster at the exhilarating Pleasure Pier to experimenting with new cuisine in the historic Galveston Strand, there is so much to look forward to as you reach new levels in your HOSA journey in Galveston. Don't forget to also give back and participate in our HOSA Service Project fundraiser "Stick-Stack-Stop Cancer". Together we can raise money for pediatric cancer...one ribbon at a time! Here, next year's leaders will be trained at the Annual Leadership Development Conference held by leadership coaches and former national officers Lowell Doringo and Christine Kim. In addition, many of Texas HOSA's strong competitors will continue to the International Leadership Conference in Houston, Texas!

Fun Facts

about Galveston!

- Galveston was the first city in Texas to have gas lights (1856) and electric lights (1883). In 1878 the first telephone in Texas was installed in Colonel Belo's office
- At the Moody Gardens, you can immerse yourself in wild life conservation. It has three pyramids: the Aquarium Pyramid, Rainforest Pyramid, and Discovery Pyramid
- Galveston was home to the first bakery in Texas. It was opened by an Irish immigrant named Christopher Fox in 1838

