

# HOSA Competitive Events Instructions

Secondary members participating in the following competitive events at the 2023 Area Spring Leadership Conferences and the State Leadership Conference are required to create a profile and submit materials through Tallo.

<https://tallo.com/hosa/>

Clinical Specialty	Interviewing Skills^^	Personal Care
Community Awareness	Job Seeking Skills^^	Public Service Announcement
Health Career Display^^	Life Support Skills	Research Poster
Health Career Photography^^	Medical Innovation^^	Researched Persuasive Writing and Speaking
Health Education	Mental Health Promotion^^	Speaking Skills
HOSA Happenings*	MRC Partnership	

^^Has a pre-judged element; **MUST** be uploaded by area/state conference registration deadline

\*Upload for State Leadership Conference Only

Deadlines to submit required materials to Tallo for 2023 Area Spring Leadership Conferences:

Area 1- Jan. 4, 2023      Area 3- Dec. 19, 2022      Area 5- Jan. 18, 2023      Area 7- Feb. 1, 2023  
Area 2- Jan. 11, 2023      Area 4- Feb. 8, 2023      Area 6- Jan. 25, 2023

Deadline to submit required materials to Tallo for the 2023 State Leadership Conference is **March 8, 2023**

- All State Leadership Conference qualifiers must re-upload all materials to the Texas HOSA State Leadership Conference event opportunities in Tallo.

## Competing Is Easy. Here's How:

### 1 Join Tallo

- Go to <https://tallo.com/hosa/>
- Click the "Create a Profile" button and follow the prompts to create your account
- Add HOSA to your profile
  - Once you are logged in, scroll down to the "Memberships, Extracurricular Activities, and Hobbies" section
  - Click on the "+" button
  - Click on the trophy icon to select the "Organization or Club" category
  - Type and select HOSA under "What is the organization or club"
  - Fill out the other questions and click "Save"

### 2 Search for HOSA Competitive Event

- Select "Opportunities" at the top of your screen when logged in.
- To upload materials for Texas HOSA:** In the "Organization Name" search box type in "HOSA"; wait for the list of pre-populated organizations to appear, and then select your state/ association from the drop-down box (Example HOSA-Future Health Professionals | California). Keyword and location should be left blank, and Type should list "competition" from the drop down menu. Click the "Search" box.
- OR,** from <https://tallo.com/hosa/>, scroll down to "Find a HOSA event in your area" and select your

state/chartered association.

- **To upload materials for ILC:** In the “Organization Name” search box type in “HOSA”; wait for the list of pre-populated organizations to appear, and then select HOSA-Future Health Professionals | Southlake TX. Keyword and location should be left blank, and Type should list “competition”. Click the “Search” box.
- Select your competitive event from the list that appears to the right. Make sure that you have selected the correct conference!

### 3 Submit Materials and Apply for Competitive Event

- Once you have selected your Competitive Event, review the information about the submission deadline, requirements, and uploads required.
- Follow the steps, check the appropriate boxes, and provide required information for your event.
- Click “Apply Now” when ready to submit.
  - Competitors at the area spring leadership conference level who are competing in an event requiring a Tallo upload, must submit the required materials to the appropriate Texas HOSA Area conference event opportunity in Tallo by the stated area spring leadership conference registration deadline
  - Those who qualify to compete at the State Leadership Conference will need to re-submit materials to the correct Texas HOSA State Conference event opportunity by the State Leadership Conference registration deadline, even if materials were previously submitted to the area event opportunity.
  - Those who qualify to compete at ILC will need to re-submit materials to ILC events, even if you submitted them to the Texas State Leadership Conference event opportunity in Tallo. **ONLY materials submitted to the 2023 ILC opportunity will be judged for ILC.**
- You may change any content and re-upload your submissions as needed
  - For the Area Spring Leadership Conferences: the conference registration deadline for your area.
  - For the State Leadership Conference: the conference registration deadline for state.
  - For ILC: May 15, 2023
- The size limit for any files uploaded to Tallo is 2.5 MB. To avoid an upload error, please be sure to save your .pdf as a compressed file or reduce the size of your embedded images. For instructions on how to do this, please visit: <http://www.hosa.org/filesize>

### 4 To Edit Your Submission

- Click the profile picture on the top right of your screen in Tallo.
- Click “My Opportunities” and select your event.
- Follow the instructions for editing your submission.

### 5 How to Check the Status of Your Submission

- Click on your profile picture in the top-right of the screen.
- Click “My Opportunities” from the drop-down menu.
- You will see any opportunities you have submitted. There is a status section that will show – “Submitted”, “In progress”, etc.
- As long as the deadline has not passed, you are able to edit this submission.

### 6 For video instructions to upload content to Tallo click [HERE!](#)